

**Supplementary Table 1.** Changes of dietary consumption of foods and nutrients in enrolled patients with chronic kidney disease (n=22)

	Baseline	1 yr	<i>p</i> -value
Caloric intake (kcal)	1,476±571	1,463±589	0.313
Protein (g)	50.9±22.6	47.1±22.8	0.232
Animal protein (g)	22.9±11.0	19.7±12.7	0.411
Vegetable protein (g)	28.0±14.4	27.3±13.3	0.391
Lipid (g)	27.9±12.7	25.9±15.4	0.681
Animal lipid (g)	18.1±9.0	16.5±10.9	0.478
Vegetable lipid (g)	9.7±6.3	9.4±7.0	0.296
Carbohydrate (g)	252.0±104.9	255.7±106.0	0.575
Fiber (g)	19.1±12.1	17.3±13.2	0.332
Retinol (µg)	71.2±48.3	63.0±47.8	0.911
Niacin (mg)	10.1±5.0	9.3±5.7	0.191
Vitamin E (mg)	9.7±5.4	9.1±6.7	0.313
Cholesterol (mg)	203.5±124.9	194.5±171.9	0.455
Calcium (mg)	319.1±192.5	310.9±211.9	0.794
Animal calcium (mg)	113.5±62.6	141.2±111.3	0.370
Vegetable calcium (mg)	205.6±136.9	169.7±117.9	0.351
Phosphorus (mg)	785.5±395.0	758.7±410.9	0.351
Sodium (mg)	1,721±907	1,674±118	0.709
Potassium (mg)	2,384±1,548	2,066±1,569	0.279
Magnesium (mg)	101.3±84.2	93.1±80.2	0.550
Zinc (mg)	9.3±4.2	8.5±3.9	0.167
Manganese (mg)	1.8±1.5	1.7±1.5	0.575
Selenium (µg)	35.3±18.2	31.7±22.0	0.391

Data are expressed as mean±standard deviation or median (interquartile range).

The nonparametric Wilcoxon signed-rank was used to compare baseline data with 1 year data.  $p < 0.05$  (mean values are significantly different from the baseline levels).